

## **Portfolio for Leisure and Health Councillor T Cullen**

### **Report to Council – 11 December 2024**

#### **Mental Health Event**

A Mental Health event will be held in January in Broxtowe North with relevant agencies being contacted to support the event in which we hope to advise the community and signpost to mental health support services and provisions across Broxtowe.

#### **Highlights from the Nottinghamshire Food Summit**

Over 140 people came together to talk about sustainable Food in Nottinghamshire and network to form connections with each other. The event took place at the Great Hall at the University of Nottingham with people representing a variety of groups, organisations and sectors within the food landscape and represented academia, community food growing, small businesses, farming, food banks and social eating groups, local authorities, elected members and many more.

It was an opportunity to see how far the Nottinghamshire Sustainable Food Network has come, celebrate local networks, the Sustainable Food Places Bronze Award and all the hard work across Nottinghamshire being done to improve the food system.

Posters and displays showing examples of work in each District and some research collaborations were displayed around the room and received much interest from attendees.

Lunch was provided by Pulp Friction whose members helped present their film as well as their delicious food, which was provided from surplus by Fareshare and would have been wasted had it not been redistributed. This was a great demonstration of this good work in practice.

A film made by Bassetlaw Community and Voluntary Service (CVS) on the importance of partnership working and connecting across food support projects to add value to communities and maximise the impacts of funding was also shown. Links will be shared in the evaluation report which will be distributed in the next month.

Councillor Bethan Eddy, Chair of the Nottinghamshire Health and Wellbeing Board, and Dawn Jenkin, Consultant in Public Health for Nottinghamshire County Council, introduced the event which had presentations from across the whole food system nationally and showed local examples. It was concluded by Dr Zoe Wilson who summarised the importance of connection and working together to help overcome some of the key issues to help transform the current food system.

The outcomes will drive the Nottinghamshire Food Plan led by the Nottinghamshire Sustainable Food Strategy Group and will align with district food plans where possible.

## **Dementia**

The Dementia Event attracted over 60 people and looked at how to support people and their carers to live well with dementia.

Table workshop discussions generated priorities for improvement.

The main concerns are;

People with dementia who are admitted to hospital

- Many had observed rapid deterioration of their loved ones in hospital
- No care plans for patients with dementia
- Patients with dementia were often not fed when needed. (Sometimes this was because they simply needed help to put in their teeth. Instead, the food was left and later taken away untouched)
- Carers had to visit at mealtimes to ensure that the relatives were fed.
- Beds were not changed promptly, leaving patients in wet sheets.
- There was no support to take patients who could walk to the toilet.
- There was no stimulation and no opportunity for physical exercise to retain mobility. A dramatic contrast between day and night (agency staff) with night staff failing to communicate appropriately with patients with dementia and neglecting their needs.

Carers cannot have medical treatment because of their caring responsibility

- Some dementia carers' health needs could be neglected.
- Some had to postpone or cancel medical appointments for inpatient and outpatient treatment because of their caring role.
- Although they could arrange short-term support from family and friends for short appointments, the physical demands of the caring role – day and night – make it impossible for carers to rest after medical treatments unless someone else does the caring.

Better communication and signposting

- Carers at different stages on the dementia care pathway felt 'overwhelmed' with information at times, while the knowledge they needed in a crisis was not to hand.
- A mismatch between the printed, online and human resources that are available
- Those carers who are not comfortable using IT for phone messaging or online searches are at a disadvantage.
- Carers of working age or with young children have additional time commitments that are stressful.
- Carers needs for counselling support or talking therapy, wellbeing advice and respite care – all targeted to their own situation at the right time.

- Financial advice is crucial and an early consultation with CAB was recommended. Information given was not reliable, or carers had to continually had to repeat their story.
- Fighting to get support when needed, and waiting months for appointments, services and assessments.
- There was a call for individualised and proactive advice to help carers navigate the system.

### **Carers Roadshows**

A Carers Roadshow will be held next year with a date to be confirmed. Planning for the event has already begun.

### **Tackling Loneliness Collaborative (TLC) Conference Event**

Nottingham and Nottinghamshire held its first tackling loneliness conference on 12 November 2024. The conference shared loneliness related research and new information that could support stronger partnership working and working within communities. A TLC Friendly Connector model is being developed as is a new TLC Website. Members will be updated on the details once available.

### **Family Hubs**

Children's Centre buildings will be changing into Family Hubs offering services

for families from pregnancy through to a young person's eighteenth birthday by April 2025. The first hubs have just been launched in Retford, Newark and Sutton in Ashfield. Family Hubs in Broxtowe will be launching in March 2025 in existing Children's Centres. Family Hub Networks will be launched around the same time to support the hubs.

### **Eastwood Integrated Neighbourhood Group Children and Young People sub group**

A group has been formed as part of the local design team from the integrated care network (INW) to help support the aspirations and opportunities for young people in Eastwood. The Communities Team has supported two meetings so far which have involved positive plans (waiting on confirmation with schools) such as:

- Family litter picks/ scavenger hunt in 2025
- A Holiday Activity Fund (HAF) program for secondary students involving hot food as well as an aspirational activity.
- Street Artwork to take place involving Eastwood Town Council and Hall Park students.

### **Holiday Activities Fund (HAF)**

The Holiday Activities and Food programme (HAF) supports the wellbeing of children between 5 and 16 years by providing a variety of activities and food during school holidays. The HAF figures for Autumn term 2024 are shown in the table below.

Broxtowe	Total Venues	7
	Total Funded Places	314
Provider	Venue	Funded Places per venue
Nottingham Forest Community Trust	Eastwood Community Football Club	40
Premier Education	Hollywell Primary	48
Premier Education	Round Hill Primary	48
Premier Education	Trowell Parish Hall	48
Rattle and Roll Performance	William Lilley Infants	50
Rattle and Roll Performance	Banks Road Infant & Nursery School	24
Sport4Kids	The Kimberley School	56

For more information please visit [HAF website](#) (opens in new window)

### Youth Conference

A proposal for a youth conference is being considered for 2025. If schools are supportive, the Communities Team will be working with Ellen Froustis to engage schools over the next few months.

Schools will help to shape the conference following a series of presentations to parents, schools and community organisations about how best to facilitate collective efforts to support young people's sense of identity and connection with mentors, role models and adults supporting them, it was proposed that a community event could bring together key stakeholders in a youth conference to further these goals.

Ellen Froustis is a Doctoral Research Fellow at the University of Oxford, Rees Centre, Department of Education supporting research to improve education, policy and practice for children in social care. She has 18+ years' experience in education and school counselling, developing interventions and curricula to support teachers, parents and youth in schools on youth leadership development, social-emotional, restorative and trauma-informed practices. Her service learning work, bridging vulnerable youth with peer mentors, community role models and Nobel Peace Laureates for inclusion and positive youth development has been awarded by the Near East South Asia Council of Overseas schools, the Nobel Peace Laureate initiative- Billion Acts of Peace, the Loukoumi-Make a Difference Foundation and best practices in character education by CharacterOrg. Ellen has a Master of Education—Special Emphasis School Counselling and a Master of Clinical Psychology.

### Automated External Defibrillators

Following the Cabinet meeting on 1 October 2024, concerning the provision of Automated External Defibrillators (AED's) and bleed control kits across the Borough, the Leader requested the formation of a group to oversee the delivery of this important programme. I am pleased to report that our first working group meeting was held on 13 November 2024, where we developed a work programme and clear milestones. As we move forward, our primary focus will be on rolling out the AED's to sports pavilions, ensuring compliance with the Nottinghamshire coroner's report

following the tragic death of 13 year old Samuel Akwasi. We will then turn our focus to AED provision elsewhere in the Borough and the possible deployment of bleed control kits. We will be bringing an update report to Cabinet in the spring of 2025.

## **Liberty Leisure Limited**

### **Current Performance**

We are currently forecasting to have a deficit of £27k for 2024/25 which is £68k better than the original budget and with some potential for this position to improve further. Expenditure is forecasting at budget with the gains being realised on increased income. This increased level of income is projected to continue into future years which is helping the business cope with the increased National Insurance and National Non Domestic Rates from the latest budget.

### **New Bramcote Leisure Centre**

The planning application is due to be submitted week commencing 18 November 2024 and the design process has continued to be well managed and is progressing well. The financial benefits have been captured in the business plan financial figure which cover up to 2027/28 which is set to be the first full year the centre will be open.

### **Business Plan Financials**

As part of the business planning process draft budget figures have been produced for the next few years. As stated above, achieving high levels of income will help to mitigate increased National Insurance Contributions and NNDR business rates which will cost the business £70k+ per year and a reducing management fee but the expected operating position is in a deficit each year. It is hoped that with careful budget management and developing income lines that these deficits can be minimised further.

### **Junior Referrals**

From 1 December Leisure will be offering exercise referral to 11+ junior members. This is an area partners are very keen for us to expand in to and gives an opportunity to help embed healthy exercise habits from an earlier age in a safe environment.

### **Cultural Services**

#### **D.H. Lawrence Museum**

The Museum hosted another sell out event for Gin and Gaslight in October where attendees enjoyed a taste of Victorian decadence to learn and sample give gins, whilst experiencing the magic of the museum at night.

#### **Christmas at the Museum**

This year the museum will be offering a Victorian Christmas on Saturday 7, 14 and 21 December 2024. There will be costumed guides on hand to guide visitors through

the museum's historic rooms and there will be Christmas crafts for all ages to make and take away.

Visitors can also browse the unique items in the gift shop, whether that's a Lawrence related item, one of the range of decorations, special jewellery, traditional toys or one of the other novel gifts.

### **D.H. Lawrence Trail**

The museum has been allocated £10,000 for the reinterpretation and refurbishment of the popular D.H. Lawrence Trail in Eastwood. Plans are being finalised that will see a modified route, new information boards being created and a new name. The D.H. Lawrence Birthplace Museum is developing enriched content online that will enhance the visitor experience.

The refurbishment of the approximately two-mile trail aims to create a heritage and cultural offering which is widely accessible, with a variety of interpretations that can engage people from different backgrounds and interests. The D.H. Lawrence Society has donated towards the project and the Museum plans to use the society's wealth of knowledge to help develop content.

Starting from the Museum, the trail links notable locations in Lawrence's early life which feature in his writings and gives visitors an excellent tour of historic Eastwood. There will be new information boards with QR links to website content that will enhance the visitor's experience.

### **Christmas Light Switch On Events**

The events team have delivered Christmas Light Switch On events in Beeston, Stapleford and Eastwood throughout November. Unfortunately, Storm Bert resulted in a reduced event at the Stapleford Christmas Light Switch On event on Saturday 23 November, due to heavy rain and high wind speed. Santa did still arrive to meet children and families and the lights were switched on with a smaller number of residents. Sensory Santa returned for the second year with slots fully booked ahead of the events. Residents enjoyed Christmas markets, fairground rides, live entertainment from Spark! Drummers, carol singers, a nativity trail, community stalls. The Mayor of Broxtowe attended for the official light switch on as well as the firework finale at all events.

The Events, Arts, Culture and Heritage Working Group (EACH) will be considering the proposed events programme for 2025/26 at its next meeting in January 2025, in preparation to submit to Cabinet for approval.

### **Environmental Health**

Reportable disease notifications have started to rise with 16 being received and investigated since the start of September. This includes another confirmed Legionella case which will require water sampling at a person's home address to attempt to find the source of the infection.

Sampling at tattooist studios is planned for December and January. Environmental swabs will be taken as well as samples of green soap to check how well cleaning and disinfection is being undertaken at the studios visited.